

REGION SIX REPORT

YeeHaa, Welcome to Texas Red Knights. Well looks like everything has finely come to its conclusion. The Texas State Association Convention Committee has put all this together for you guys and gals. We are very excited to be able to show you just a few things Texas has to offer.

During the convention period you will be able to take a Cocktail Cruise along the San Antonio River, you will find this a very pleasant cruise along the river with your favorite cocktail and snacks. One of the best items on the agenda is the Night Tour of the Alamo, what a great evening of visiting one to the most iconic places in the United States. You will learn about the true history of the Alamo, not the movie version. The Alamo and the loss of about 189 defenders, including some of the more famous characters in history, will give you a true history lesson of the early years and fight for Texas independence. There are other riding events that will be provided to you, the Twisted Sisters is an all day ride and a lot of motorcycle endurance ride.

Summer has shown up, it is time to get the rust out of our heads and check out those scooters. I am a big fan of the MSF Riders Courses, either Basic or Experience Riders. Also if you have not seen the video produced by MSF called Group Riding I highly recommend your chapter purchase it, along with the work books. It will be a good project for your Senior Road Captain to learn and share with your chapter. This video is extreme helpful when you plan a group ride.

Now for them scooter, don't forget about them and they will need a little TLC. Most importantly is to use the TCLOCK system to check out that bike for the summer season. I highly recommend you check out your tires for cracks in the tread, those cracks are a warning that it is time to change the tire because they have dry rotted. Also check for the ware bands.

The BOD has been putting in a lot of time working on the SOG last year and publishing them, as many of you know the SOG has been reduced by half. Most of this came about by reducing duplication between the By-Laws and the SOG.

I would like to touch on is drinking while riding. It has come to our attention that this practice, while not prolific, does happen from time to time. It is extremely dangerous to ride those bikes and drink. Many of you understand the problem for drinking and driving a car, it is even more dangerous to ride a motorcycle and drink because we are already at risk just riding the motorcycles. So I urge you to ride safe and not drink and ride. Sounds simple, but drinking and riding happens far too often.

Lastly, **Hydrate, Hydrate, Hydrate.** It may be extremely warm in San Antonio area. Your body will expel huge amounts of water/fluid while riding. If you are hydrating properly you should be using the restroom at least every hour during the day. If your urine is not clear then you are not hydrating enough. Please remember it is hot and dry in central Texas. We recommend at least one bottle of water and one Gatorade type drink

every hour to 2 hours. Please be safe, lack of hydration can cause you to dehydrate very quickly and become light headed which can cause an accident.

Again Ride Safe and Welcome to the 2015 International Convention here in San Antonio, Texas.

Region 6 Director
Joe Connors